About Us

Recovery Navigator Program
Services are staffed by
certified Recovery Peers with
lived experience. We provide
community outreach,
intensive case management,
and community connections
to resources for people
struggling with substance use
and mental health issues.



Contact Us

Kittitas County

509-643-8497 RNPEllensburg@meritresources.org

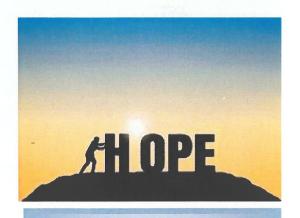
Yakima County

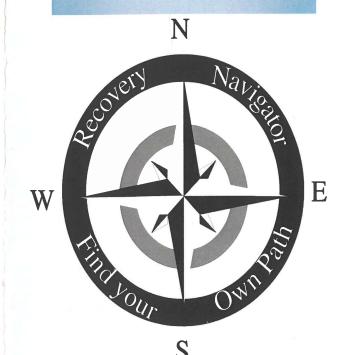
509-480-2501 RNPYakima@meritresources.org

<u>Program Manager</u> Melissa Denner, LMHC, SUDP

Recovery Navigator Peers

Located in
Kittitas County— Ellensburg
Yakima County— Toppenish





Kittitas County And Yakima County

Small Steps Forward

What we are about...

- Participant Driven
 It's your choice.
- Many Paths to Recovery
 Choose the way that fits you.
- Peer AdvocacyWe are on your side
- Skill Building Techniques
 Where do see yourself going?
 We'll help you get there.
- Navigate Community
 Resources
 Help is out there!

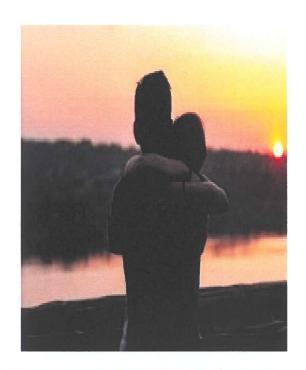




You Don't Have to Break Your Chains Alone



Navigating a path
of hope through
community
engagement.
Guided by shared
life experiences





Recovery Navigator Program

Priority Population

The intent of Recovery Navigator Programs (RNP) is to provide social services to individuals who intersect with police because of simple drug possession (ESB 5476§13) and/or people who have frequent criminal legal system contact because of unmet behavioral healthcare needs. These programs are intended to serve people who are at risk of arrest, or already have been involved in the criminal legal system. The priority population for the RNP are individuals with substance use disorder (SUD) and co-occurring substance use disorder and mental health who are at risk of arrest and/or have frequent contact with first responders, community members, friends, family, and who could benefit from being connected to supportive resources and public health services when amenable.

LEAD Principles

Recovery Navigator Programs must be based on Law Enforcement Assisted Diversion (LEAD) core principles (ESB 5476§2).

Outreach and Referral

The RNP includes staff members who spend most of their time in the field. This will inevitably include spending time visiting community-based organization and settings. The outreach and referral staff will be available to respond and engage upon referral.

Program is voluntary and non-coercive

Individuals referred to the Recovery Navigator Program have the right to decline participation without any penalties or future repercussions (denial of services at future point).

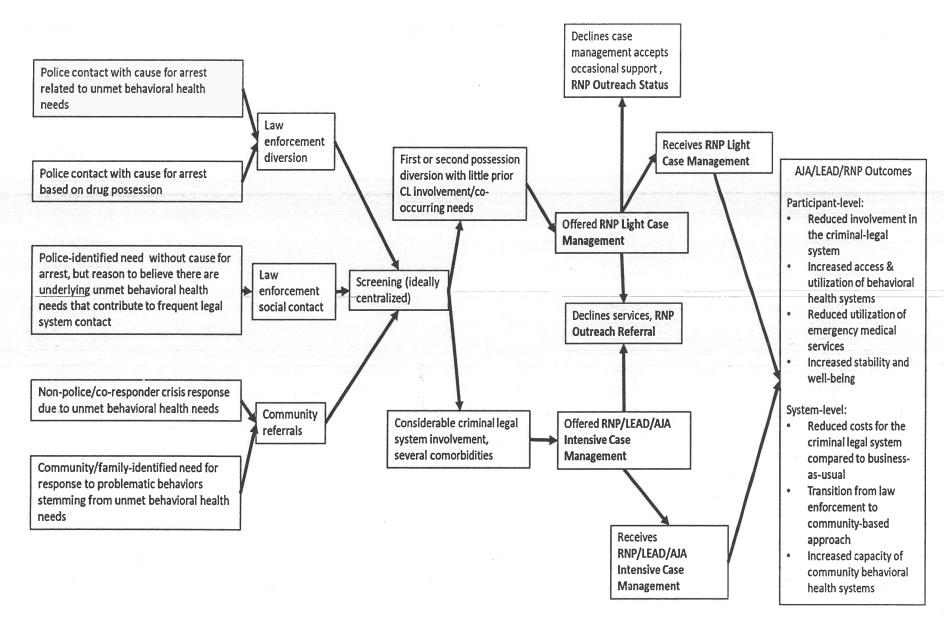
Arrest Diversion and Community Referrals

There are two types of referrals into RNP: point of contact referrals by law enforcement and social contact referrals by law enforcement, service providers, community members, and friends/family.

The RNP will prioritize a response to law enforcement calls in the beginning stages of program implementation. Arrest diversion gives law enforcement officers the authority to refer people into the RNP in lieu of arrest (RCW 10.31.110, RCW 13.40.042, and ESB5476§13).

Social contact referral means that an eligible individual can be referred into a RNP without waiting for the moment of potential arrest. In these cases, the referred individual will still need to be screened against the site's eligibility criteria to ensure that the person's needs are best met through an RNP.

Recovery Navigator- Pre-Arrest Diversion Process Map





ARREST DIVERSION PROCESS

1. **DETERMINE ELIGIBILITY**: Recovery Navigator Programs (RNP) is to provide peer support to individuals who intersect with police because of simple drug possession (ESB 5476§13) and/or people who have frequent criminal legal system contact because of unmet behavioral healthcare needs. This program is intended to serve people who are at risk of arrest, or already have been involved in the criminal legal system. Target population is individuals with substance use disorders (SUD) and co-occurring mental health disorders who are at risk of arrest and/or have frequent contact with first responders, community members, friends'/family members and could benefit from being connected to supportive resources and public health services when amenable. The primary function of RNP is connection and stabilization with respect to a variety of social determinants/vulnerability factors. RNP is field based and intended to reach and engage individuals who are not actively seeking care in behavioral health treatment facilities.

2. DETERMINE WILLINGNESS TO PARTICIPATE

What lead you to be out here today/tonight? [Answer] Would you like help with that? Normally, you would be booked into jail today on this offense. There may be an alternative. Have you heard of the Recovery Navigator Program or Law Enforcement Assisted Diversion or LEAD program? It offers arrest diversion, so instead of going to jail you will be released from here to speak to a Recovery Navigator. The representative is not a law enforcement employee, but rather a Peer Support Specialist with Substance Use Disorder lived experience that has access to various resources for assisting you with intensive case management. LEAD operates on a harm reduction model. They will accept you where you are at. The only requirement is that you meet up with a Recovery Navigator within 30 days for your initial intake. If you do that, today's charge will not be filed or held over your head. Does this sound like something you would like to try?

3. CONTACT Recovery Navigator Program 24 HOUR PHONE:

Yakima County 509 480-2501

Referral by email: RNPYakima@meritresources.org

- The RNP is staffed 8 hours per day, seven days per week. If after 5 PM a RNP staff member will make phone contact with the individual the following day for arrest diversions.
- 4. COMPLETE Referral to RNP.

SOCIAL CONTACT REFFERAL PROCESS

- 1. DETERMINE ELIGIBILITY:
 - Chronic low-level offenders can be referred to RNP, absent of an arrest diversion.
 - Response of social referrals is based on availability of RNP and system capacity.
 - Depending on availability and the needs of the referred individual, RNP may be able to respond immediately or may follow up with the referral as soon as possible.
- 2. CONTACT Recovery Navigator Program 24 HOUR PHONE: 509 480-2501 or agency/department can make a referral via email: RNPYakima@meritresources.org